



## Dr. Donna's Diet Makeovers 90-Day Nutrition Coaching Program

### Schedule of Teleseminar Classes



#1. Thursday, March 20, 6 p.m. Pacific Standard Time

#2. Thursday, March 27, 6 p.m. Pacific Standard Time

#### **Break of one week**

#3. Thursday, April 10, 6 p.m. Pacific Standard Time

**BONUS CLASS #1. Saturday, April 12, 10 a.m.  
Pacific Standard Time**

#4. Thursday, April 17, 6 p.m. Pacific Standard Time

#5. Thursday, April 24, 6 p.m. Pacific Standard Time

#### **Break of one week**

#6. Thursday, May 8, 6 p.m. Pacific Standard Time

**BONUS CLASS #2. Saturday, May 10, 10 a.m.  
Pacific Standard Time**

#7. Thursday, May 15, 6 p.m. Pacific Standard Time

#8. Thursday, May 22, 6 p.m. Pacific Standard Time

#9. Thursday, May 29, 6 p.m. Pacific Standard Time

**BONUS CLASS #3. Saturday, May 31, 10 a.m.  
Pacific Standard Time**

